

Referral process for St. Louis area Long COVID clinics

- [Affinia Healthcare Long COVID clinic](#)
 - **Consultation service for the diagnostic workup and management for patients with suspected Long COVID**
 1. Referral should include the following medical records, as available:
 - History of present illness, including symptoms attributed to Long COVID
 - Any diagnostic work-up already performed, including labs and imaging
 - Any available documentation of COVID infection at least 3 months prior (either by laboratory evidence or clinical suspicion)
 2. Appointment format: Individual, in-person for initial visit, in-person or virtual for follow-up
 - **Referrals from Affinia primary care teams:**
 1. In NextGen EMR, please message Drs. Jeffrey Lin and Catherine Moore directly with all referral information as above, AND/OR schedule directly into the “Long COVID” schedule (currently the 3rd Wednesday morning of each month)
 - **Referrals from outside the Affinia network:**
 1. Referrals from outside the Affinia network are limited to exceptions.
 2. Have the patient call 314-814-8700 to request a new PCP appointment with Dr. Jeffrey Lin or Dr. Catherine Moore (both at Affinia’s 4414 North Florissant location). Here, the patient will have an initial visit and be assessed for eligibility, and then they will subsequently be scheduled for a Long COVID intake appointment.
 3. Fax the patient’s face sheet/demographics and relevant medical records with all referral information as above to 314-898-1688, “Attn: Long COVID Clinic.”
 4. Most insurances are accepted. There is a [sliding scale fee](#) available for those without insurance.
 - **Patient care location (free parking available):**

4414 North Florissant Avenue, St. Louis, MO 63107
Call 314-814-8700 to schedule an appointment.
- [Washington University Long COVID clinic](#)
 - **Consultation service for the diagnostic workup and subspecialty treatment referrals for patients with suspected Long COVID**
 1. Referral from a primary care provider should include the following medical records:
 - History of present illness, including symptoms attributed to Long COVID
 - Any diagnostic work-up already performed, including labs and imaging
 - Documentation of COVID infection at least 3 months prior (either by laboratory evidence or clinical suspicion)
 2. Appointment format options: Individual, in-person or virtual
 - **Referrals from WU-affiliated providers:**
 1. In Epic, order “Amb referral to Infectious Disease”
 2. To provider: “Sarah Alleman,” “Gayathri Krishnan,” or “Michael J Hendrix”
 3. Comments: “Long COVID,” and list the major symptoms requiring evaluation (e.g., fatigue, brain fog, diarrhea, skin rash, fever, etc.)
 - **Referrals from outside the WU network:**
 1. Fax the patient’s face sheet and relevant office notes (including SARS-CoV-2 test result and/or documentation of rationale for suspected Long COVID diagnosis) to 855-202-2372.
 2. Call 314-273-3300 with questions.
 - **Patient care locations (free parking available at both locations):**

Taylor Avenue Building Extension
620 South Taylor Avenue, Suite 100, St. Louis, MO 63110

Barnes-Jewish West County Hospital, Medical Office Building 2
10 Barnes West Drive, Suite 200, Creve Coeur, MO 63141

- **Washington University Occupational Therapy**
 - **Individualized one-on-one treatments focused on activity planning and modification, stress management and energy conservation, mental fatigue reduction, and mindfulness strategies**
 1. Appointment format: Individual, in-person (including home therapy)
 - **Referrals from WU-affiliated providers:**
 1. If return-to-work is a primary concern, patient needs to be seen in the home setting, and/or no physical or speech therapy is needed:
 - In Epic, order “Amb referral to Occupational Therapy”
 - Class: “Internal Referral”
 - To loc/pos: “WUSM OT 4444”
 - To dept: “WU OT 4444FP”
 2. If physical and/or speech therapy referrals are also being placed:
 - In Epic, order “Amb referral to WUSM 4240 DUNCAN PT, OT, SLP”
 - PT, OT, and SLP orders will auto-populate. De-select any services that aren’t needed.
 - **Referral from outside the WU network:**
 1. If return-to-work is a primary concern, patient needs to be seen in the home setting, and/or no physical or speech therapy is needed:
 - Fax completed [referral form](#) and any relevant medical documentation to 314-289-6131.
 - Call 314-286-1669 or e-mail OTclinical@wustl.edu with questions.
 2. If physical and/or speech therapy referrals are also being placed:
 - Fax the referral for the needed services to 314-286-1473.
 - Call 314-286-1940 with questions.
 - **Patient care locations** (*free parking available*):

If return-to-work is a primary concern and/or no physical or speech therapy is needed:
4444 Forest Park Avenue, St. Louis, MO 63108
Phone: 314-386-1640

If physical and/or speech therapy referrals are also being placed:
4240 Duncan Avenue, Suite 120, St. Louis, MO 63110
Phone: 314-286-1940
- **Washington University Physical Therapy**
 - **Individualized one-on-one treatments focused on decreased activity tolerance, fatigue, dizziness, and other mobility impairments**
 1. Appointment format: Individual, in-person
 - **Referrals from WU-affiliated providers:**
 1. In Epic, order “Amb referral to WUSM 4240 DUNCAN PT, OT, SLP”
 2. PT, OT, and SLP orders will auto-populate. De-select any services that aren’t needed.
 - **Referral from outside the WU network:**
 1. Fax the referral for the needed services to 314-286-1473.
 2. Call 314-286-1940 with questions.
 - **Patient care location** (*free parking available*):
4240 Duncan Avenue, Suite 120, St. Louis, MO 63110
Phone: 314-286-1940
- **Washington University Speech Therapy**
 - **Individualized one-on-one treatments focused on brain fog / cognitive dysfunction and mental fatigue**
 1. Appointment format: Individual, in-person
 - **Referrals & Patient care location:**
 1. (Same as for Washington University Physical Therapy)

- [Washington University Living Well Center](#)
 - **Behavioral health counseling for Long COVID** (*financial assistance may be available*)
 - **Education in lifestyle strategies to manage and improve Long COVID symptoms**
 1. Does not include diagnostic workup or further testing for Long COVID
 2. Appointment format options: Group or individual, in-person or virtual
 - **Group (Shared Medical) Appointments for physical, occupational & speech therapy principles**
 1. Covered by Medicaid and other insurers as a routine office visit
 2. (*Coming Summer 2024*)
 - **Referrals from WU-affiliated providers:**
 1. In Epic, order “Amb referral to Living Well Center”
 2. Purpose for referral: “Provider consult” if unsure or if multiple services requested.
 3. To provider: “Sara Kellahan” or leave blank
 - **Referral from outside the WU network:**
 1. Fax the patient’s face sheet and relevant office notes to 314-996-8132.
 2. Call 314-514-3565 with questions.
 - **Patient care location** (*free parking available*):
Barnes-Jewish West County Hospital, Medical Office Building 4
1044 North Mason Road, Suite 210, Creve Coeur, MO 63141
Phone: 314-514-3565