



St. Louis Long COVID Initiative



Long COVID Peer Support Group

Tuesdays, 12-1pm*

Alternating in person and virtual

*More days and times may be added, depending on interest

Taylor Ave Building
600 South Taylor Ave,
Wash U Med School Campus

**Free
parking,
Close to
Metro/bus**

- We will provide a space to openly share your journey with Long COVID and to find encouragement and support from those with shared experiences
- You may learn therapeutic strategies to help manage symptoms and cope with the difficult emotions that come up when facing chronic illness

If interested, sign up [here](#):



Facilitated by Kayla Hambleton, MSW, LCSW

Offered at no cost

Questions? Contact Susan Brandon, sbrandon@wustl.edu